

## Dr Sandro Demaio

Dr Sandro Demaio is a medical doctor and globally-renowned public health expert and advocate.

Having held the role of Medical Officer for non-communicable conditions and nutrition with the Department of Nutrition for Health and Development at the World Health Organization, Dr Demaio was previously the CEO of the EAT Foundation, the science-based, global platform for food systems transformation.

In his pro bono work, Dr Demaio co-founded *NCDFREE*, a global social movement against chronic disease which reached more than 2.5 million people in its first 18 months. In 2015, he founded *festival21*, assembling and leading a team of experts in staging an unprecedented free celebration of community, food, culture and future in his hometown of Melbourne. In 2018, he also established an independent, not-for-profit foundation focused on improving the health and nutrition of Australians.

He has published 30 scientific papers and more than 90 articles. He is also the author of the *Doctor's Diet*, a cookbook based on science and inspired by a love of good food.

Besides his role as VicHealth CEO, Dr Demaio also co-hosts the ABC television show *Ask the Doctor* – an innovative and exploratory factual medical series broadcasting across Australia and around the world.

Dr Demaio originally trained and worked as a medical doctor at The Alfred Hospital in Melbourne. He holds a Masters degree in public health, a PhD in non-communicable diseases and has held fellowships at both Harvard Medical School and Johns Hopkins School of Public Health.