

CURRICULUM VITAE



First and last names

Juris Poikāns

Date and place of birth

3 September 1974, Riga, Latvia

Citizenship

Latvian

Education

1996-1999

Master of Social Sciences, University of Latvia

1992-1996

Bachelor of Political Science, University of Latvia

Career history

Period of employment	Post	Institution/company	Place
2025.9.-present	Ambassador at Large for Ukraine and the security in the Baltic Sea region	MFA	Riga, Latvia
2021.10. – 2025.9.	Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to Poland Non-resident Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to the Republic of Romania Non-resident Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to Bulgaria	Embassy of the Republic of Latvia in Poland	Warsaw, Poland
2015.12. – 2021.9.	Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to Ukraine	Embassy of the Republic of Latvia in Ukraine	Kiev, Ukraine
2014.09. – 2016.06.	Non-resident Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to the Republic of Moldova	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia
2013.10. – 2015.11.	Ambassador at Large of the Policy Planning Group	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia

2010.03. – 2011.09	Deputy Chief of Mission	Embassy of the Republic of Latvia in the United States of America	Washington, USA
2008.11. – 2010.03.	Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to the Republic of Slovenia Non-resident Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to the Republic of Kosovo Non-resident Ambassador Extraordinary and Plenipotentiary of the Republic of Latvia to the Bosnia and Herzegovina	Embassy of the Republic of Latvia in the Republic of Slovenia	Ljubljana, Slovenia
2007.10. – 2008.11.	Chargé d’Affaires ad Interim	Embassy of the Republic of Latvia in the Republic of Slovenia	Ljubljana, Slovenia
2006.09. – 2007.09	Director of Department – Deputy Political Director of the Political Director’s Office	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia
2006.01. – 2006.08.	Counsellor, DCM	Embassy of the Republic of Latvia in the Republic of Belarus	Minsk, Belarus
2005.03. – 2006.01.	Deputy Director of the First Bilateral Relations Department – Head of the East Europe and Central Asia Division	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia
2004.05. – 2005.03.	Acting Head of the EU General Policies Division, EU Policy Department Counsellor, Euro-Correspondent of the EU Policy Department	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia
2003.09. – 2004.05.	First Secretary	Embassy of the Republic of Latvia in the Russian Federation	Moscow, Russia
2002.07. – 2003.09.	Head of the Baltic and Nordic States Division, First Political Department	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia
1999.12. – 2002.07.	Acting Deputy Head/ Head of the Russia and Member States of the Commonwealth of Independent States Division	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia
1999.07. – 1999.12.	Third Secretary of the International Organisations and Human Rights Division	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia

1996.07. – 1999.07.	Senior Desk Officer/ Third Secretary of the Member States of the Commonwealth of Independent States Division	Ministry of Foreign Affairs of the Republic of Latvia	Riga, Latvia
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Foreign languages Russian, English, Ukrainian, Polish

Marital status Married

Awards, Decorations

2025	Order of Merit of the Republic of Poland (2nd class)
2023	Order of the Three Stars of the Republic of Latvia
2023	Order of Merit of the Republic of Poland (3rd class)
2020	Honorary citizen of the town of Slavutich (Ukraine)
2020	Certificate of Recognition of the Ministry of Foreign Affairs of the Republic of Latvia
2015	Certificate of Recognition of the Cabinet of Ministers of the Republic of Latvia
2000	Certificate of Recognition of the Ministry of Foreign Affairs of the Republic of Latvia

January, 2026