

# EUROPEAN RESUME FORMAT



## PERSONAL INFORMATION

Name

**MASTRORILLI Andrea**

## WORK EXPERIENCE

- Dates (from - to)

- Name and address of employer.

- Type of business or industry

- Type of employment

**MILITARY PSYCHOLOGIST (AIR FORCE OFFICER). OCCUPATIONAL PSYCHOLOGIST, SPORTS PSYCHOLOGIST, EXPERIENTIAL TRAINER.**

**Psychologists' Register Registration: no. 17214 - Lazio Region**

- Master's degree in sports management and sports enterprises (2009)
- Master's degree in Mental Training and Sport Psychology - PSYMEDISPORT (2012).
- Qualified Autogenic Training Practitioner (2018)
- Trainer since 2006, experiential trainer since 2010

APR. 2023 TO PRESENT

**Italian AIR FORCE - HEALTH SERVICE, A.M.PSYCHOLOGY CENTER - Rome**

Publish

*Section Coordination Chief*

- Dates (from - to)

- Name and address of employer.

- Type of business or industry

- Type of employment

- Dates (from - to)

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- Type of business or industry

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- Main duties and responsibilities

- Dates (from - to)

- Name and address of employer.

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- Main duties and responsibilities

JUN 2021 TO APR 2023

**ITALIAN AIR FORCE - INSTITUTE OF AEROSPACE MEDICINE (I.M.A.S.) - Rome**

Publish

*Psychology Section Chief*

**SEPT. 2018 TO JUN 2021**

**ITALIAN AIR FORCE, GENERAL STAFF - OFFICE OF MANAGERIAL INNOVATION.**

Publish

*Organizational Leadership for Innovation Section Head.*

In this context, he is mainly involved in Organizational Analysis, Organizational Climate Analysis for Innovation, 360° Feedback Methodology. He is part of the Program Office for Leadership Training. He is involved in classroom and experiential training of Air Force Officers and NCOs.

**MAY. 2009 TO SEPT. 2018**

**ITALIAN AIR FORCE, SELECTION CENTER**

Publish

*Military psychologist*

Chief of the Aptitude Testing and Standardization Section of the Psycho-aptitude Department. In this context, she is mainly involved in the following activities: aptitude selection protocols and tests; psycho-aptitude interviews; personality profile development by administering projective

- Dates (from - to)
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and objective tests; development and validation of psychometric tests. assessment for the evaluation of performance potential

**2013 - 2018**

**ATHLETES/ SPORTS SOC. (ASD) / ITALIAN SPORTS CENTER/ AIR FORCE SERVICES COMMAND - ROME**  
Sports psychologist/trainer

Organizing courses/seminars on mental preparation in sports with athletes from various sports disciplines at public and private sports facilities (Air Force Sports Center; C.S.I.; A.S.D. Roma Road Runners):

- Anxiety management interventions and relaxation techniques, stress management and mental training for endurance sports and ultrarunners (Project "MENTAL TRAINING FOR RUNNERS" - Italian Sports Center);
- Individual psychological intervention and support protocols for athletes (athletics, canoeing, fencing, skating) and sports groups (water polo, soccer);
- Lecturing for the subject: 'Effective communication in sport. Training course for sports managers and referees" - C.S.I. Lazio

**JUL/NOV. 2018**

**UNIVERSITY OF CASSINO STUDIES - DEPARTMENT OF HUMAN, SOCIAL AND HEALTH SCIENCES**

Adjunct professor for the module of "mental preparation in endurance sports" M-PSI/01 as part of the master's degree Program in "Sport Psychology and Motivational Coaching" A.A. 2017/2018

**2013 - 2016**

**UNIVERSITY OF FLORENCE**

Occasional contributor - trainer

Trainer for outdoor/experiential activities within the framework of Management Training and Leadership Processes - *"Strategic Human Resource Management for Organizational Innovation"* projects.

**2007 TO 2008**

**UNIVERSITY OF ROME "LA SAPIENZA" - FACULTY OF PSYCHOLOGY 2**

Publish

Research Associate at the Chair of Psychology of Organizations (Prof.Borgogni).

Coordinates and monitors research pertaining to the determinants and consequences of Collective Effectiveness in various organizational contexts; collaborates in the development and validation of a scale for the detection of leadership styles (Agentic Leadership Questionnaire - A.L.Q.-2, Giunti O.S.)

**Nov. 2007 TO MAY 2009**

**AIR FORCE, LOGISTICS COMMAND 3RD DIVISION.**

Publish

Officer

Ciampino TLC/Av/DA Squadron Commander.

**1992 TO 2007**

**AIR FORCE, LOGISTICS COMMAND 3RD DIVISION.**

Officer

Chief Technical Officer, Chief TLC Service and Chief Flight and Weather Service.

**2010 to present/ DEPARTMENT FOR EDUCATIONAL AND MANAGERIAL TRAINING FLORENCE/ AERONAUTICAL ACADEMY.**

Management training (through classical and experiential methodology) of Officers and Non-Commissioned Officers at the following Training Institutes: The Air Force Academy, the Institute of Air Force Military Sciences, the A.M. Marshal School.

	Lecturer of the subject "leadership" for the courses: regular courses A.M. Academy; Master Captains; Advanced Directive Training; Commanders Course.
Dates/institution of education teaching	<b>2020 to date/ SAPIENZA UNIVERSITY OF ROME</b> Master Military Psychology - Methods and techniques of Ps. of Emergencies; Ps. of Selection: heuristics and bias in assessment.
-Date/institution of education - teaching	<b>2012 to date/ A.M. FLIGHT SAFETY INSPECTORATE</b> - Course for Flight Safety Officers Stress Management
-Date/institution of education - teaching	<b>2019 to date / CENTRO ALTI STUDI DIFESA (CASD)/ UNISALERNO - MASTER LEADERSHIP, CHANGE MANAGEMENT &amp; DIGITAL INNOVATION</b> Self Leadership (experiential learning)
<b>EDUCATION AND TRAINING</b>	
- Dates (from - to)	
- Name and type of educational institution	<b>2020 to date</b> <b>UNIVERSITY OF ROME "SAPIENZA"</b>
- Qualification attained	Ph.D. International Phd in "Psychology and Social Neurosciences" - XXXV cycle. Doctoral dissertation: <i>Leadership meets today's needs: a multifaceted approach</i>
- Dates (from - to)	
- Name and type of educational institution	<b>2021/2022</b> <b>UNIVERSITY OF ROME "SAPIENZA"</b>
- Qualification attained	"Subject matter expert" at the chair of "Psychology Of Human Resources"
- Dates (from - to)	Master's Degree Course in Human Resources, Labor Science and Innovation - Faculty of Law (Prof.Consiglio).
- Name and type of educational institution	<b>A.Y. 2008-2009</b> <b>UNIVERSITY OF TERAMO</b>
- Qualification attained	Master's Degree in Political Science, majoring in "Management of Sports and Sports Enterprises" with a grade of 110/110 cum laude.
- Dates (from - to)	
- Name and type of educational institution	<b>2003-2008</b> <b>UNIVERSITY OF ROME "LA SAPIENZA"</b>
- Qualification attained	"Subject Tutor" at the chair of "Psychology of Organizations" in Psychology Faculty 2 (Prof.Borgogni); Study of personality factors responsible for work motivation; determinants and consequences of personal efficacy and collective efficacy; job burnout and organizational health; testing in selection and psychosocial research; psychometric validation of tests for psychosocial research. Research-intervention activities in the area of organizational climates.
main activities carried out	
- Dates (from - to)	<b>2002-2004</b> <b>COGNITIVE PSYCHOLOGY ASSOCIATION- ROME</b>
- Name and type of educational institution	Master's degree in Work and Organizational Psychology (two-year term)
- Qualification attained	
- Dates (from - to)	<b>2002-2003</b> <b>UNIVERSITY OF ROME "LA SAPIENZA"</b>
- Name and type of educational institution	State examination for licensing to practice as a psychologist
- Qualification attained	
- Dates (from - to)	<b>2001-2002</b> <b>UNIVERSITY OF ROME "LA SAPIENZA"</b>
- Name and type of educational institution	Licensing internship as a Psychologist at the Chair of Organizational Psychology, from September 2001 to March 2002, and at the research laboratory of the Department of Occupational Psychology, from March 2002 to September 2002.
- Qualification attained	

- Dates (from - to)
- Name and type of educational institution
  - Qualification attained

## LICENSES AND CERTIFICATIONS

### OTHER COURSES

Dates (from - to)  
Name and type of institution  
Qualification attained

Dates (from - to)  
Name and type of institution  
Qualification attained

Dates /Educational institution  
Qualification obtained.

Dates/Training institution  
Qualification attained

Dates/Training institution  
Qualification attained

Dates/Training institution  
Qualification attained

Dates (from - to)  
Name and type of institution  
Qualification attained

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- Name and type of institution  
- Qualification attained

- Dates (from - to)  
- Name and type of educational or training institution

Dates (from - to)  
- Name and type of institution

- Qualification attained

- Dates (from - to)  
- Name and type of educational or

**A.A. 2000-2001**  
**UNIVERSITY OF ROME "LA SAPIENZA"**  
Bachelor's degree in Psychology, in "Work and Organizational Psychology" with a grade of 110/110 cum laude

**PRINCE2 FOUNDATION**  
Axelos Global Best Practice

**Sept.2021 - Jan.2022**  
**European Institute of Positive Psychology**  
Expert In Mindfulness, Positive Psychology and Emotional Management

**Mag 2021 (21 hours)**  
**IRIS Space**  
Mindfulness In The Helping Professions

**Apr 2021 / IF Ltd.**  
Strategic Management Course (16 hours)

**Mar 2021/ ADR Consulting Ltd.**  
Innovation Manager Course in the Air Force

**Feb 2021 / TACK & TMI Italy**  
LEAN & AGILE Course

**Feb. - May. 2018/ DEAS Srl – Psycoattivamente**  
Autogenic Training Practitioner Course

**Apr.-May. 2017**  
**Italian Paralympic Committee/ asd accademia calcio integrato/ a.s. roma**  
Training course for integrated soccer activities (Prof. Alberto CEI)

**Feb.- Apr. 2017**  
**Neurocom Science Ltd.**  
Master's degree in scientific analysis of non-verbal behavior (C.N.V.)

**Sept.-Nov. 2014**  
**BECK INSTITUTE ROME**  
Mindfulness Based Stress Reduction (MBSR) training course.

**April 15-18, 2013**  
**SHL Training Academy - Assessor Academy Training Course.**  
Assessor with SHL methodology

**Feb. 13-15, 2013**  
**INTERNATIONAL CRITICAL INCIDENT STRESS FOUNDATION - Group Crisis Intervention & Individual Crisis Intervention and Peer Support**  
Course Attendance Certificate (27 hours)

**Febr. -Aug. 2012**  
**PSYMEDISPORT GROUP**  
Master's degree in Mental Training and Sport Psychology

**Mar. - 2012**  
**PROF. CASTIELLO D'ANTONIO (c/o A.M. SELECTION CENTER).**  
Training course on the administration, initialing and psychodiagnostic interpretation of the Zulliger Test (Z test)-Hans Zulliger's Projective Technique

**Sept. - Nov. 2010**  
**DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF FLORENCE (IN COLLABORATION WITH THE AIR FORCE EDUCATIONAL AND MANAGEMENT TRAINING CENTER)**  
Postgraduate course in "training trainers" (II level)

**Jan. - Mar. 2010**  
**MILITARY POLYCLINIC OF ROME (CELILO)-DEPARTMENT OF NEUROLOGICAL AND**

- training institution
- Qualification attained

- Dates (from - to)
- Name and type of institution
- Qualification attained

- Dates (from - to)
- Name and type of educational or training institution
- Qualification attained

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## **PERSONAL SKILLS /COMPETENCIES**

MOTHER TONGUE

OTHER LANGUAGES

- Reading skills
- Writing skills
- Oral expression skills

## **PSYCHIATRIC PATHOLOGIES.**

Theoretical-Practical Course "Approaching the psychiatric patient with the postrationalist systemic-processual method."

**Tue. - Nov. 2009**

### **ITALIAN WARTEGG INSTITUTE**

Wartegg test administration and use training course.

**Oct. 2009**

### **MILITARY POLYCLINIC OF ROME (CELIO) - DEPARTMENT OF NEUROLOGICAL AND PSYCHIATRIC PATHOLOGIES.**

Training Course in Emergency Psychology.

**Nov. 2008**

### **IDEA MANAGEMENT S.R.L.**

"Making Assessment" course for Assessment Center observers.

**Nov. 2006**

### **AOS TEACHING AND MANAGEMENT TRAINING CENTER.**

Teaching Methodology Course for Teaching Officers

## **ITALIAN**

## **ENGLISH**

level: B2

level: B2

level: B2

- Design, organization and evaluation of work activities.
- Managing collaborators. Coordinating and leading working groups.
- Design of selection protocols, classroom and experiential training for adults.
- Assessment activity design
- Skills mapping and budgeting

## **ORGANIZATIONAL SKILLS AND ABILITIES**

*E.g., coordination and administration of people, projects, budgets; in the workplace, in volunteer activities (e.g., culture and sports), at home, etc.*

- psychodiagnostics

organizational analysis (organizational climate, organizational culture)

- Borgogni L., Falcone S., Mastrorilli A., Di Donato F. (2003). Temporary workers and personal effectiveness. *Development & Organization*, 195, 21-32.
- Petitta L., Borgogni L., Mastrorilli A., Scarpa A. (2004). Organizational Citizenship Behavior and Organizational Effectiveness. *Bulletin of Applied Psychology*, 243, 15-29.
- Mastrorilli A., Petitta L., Steca P., Borgogni L. (2004). The abc of the SPSS program. Franco Angeli, Milan.
- Petitta L., Borgogni L., Mastrorilli A. (2005). The Motivational Orientation Test - General Version (T.O.M.-V.G.) as an instrument for measuring motivational inclinations. *Italian Journal of Psychology*, 32, 653-670.
- Borgogni L., Petitta, L., Amaducci, M., Mastrorilli A. (2007). From Climate to Contextual Perceptions: a preliminary study in the social health field. *Review of Psychology*, 1, 35-51.
- Borgogni L., Mastrorilli A. The analysis of organizational context, in Borgogni L., Consiglio C. (eds.) (2008). Selection. Psychological methods and tools for choosing people. Franco Angeli, Milan.
- Mastrorilli A., Consiglio C. Position analysis, in Borgogni L., Consiglio C. (eds.) (2008). Selection. Psychological methods and tools for choosing people. Franco Angeli, Milan.
- Mastrorilli A., Psychological testing in selection, in Borgogni L., Consiglio C. (eds.) (2008). Selection. Psychological methods and tools for choosing people. Franco Angeli, Milan.
- Petitta L., Borgogni L., Mastrorilli A. (2008). An extension of job burnout conceptualization

- in Italian productive settings. *Bulletin of Applied Psychology*, 256, 41-53.
- Borgogni L., Petitta L., Dello Russo S., Mastrorilli A. (2009). *Agentic Leadership Questionnaire - Handbook*, Giunti O. S., Florence.
- Borgogni L., Petitta L., Mastrorilli A. (2010). Correlates of Collective Efficacy in the Italian Air Force. *Applied Psychology: An International Review*, 59(3), 515-537.
- Mastrorilli A., Ferlazzo F. Interferences in evaluation processes: errors and heuristics, in Borgogni L., (ed.) (2010). *From performance management to people development. Models and techniques*. Franco Angeli, Milan.
- Mastrorilli A. (2012). Work-related stress risk and the new regulations for the military: problem solved or a new "responsibility" for commanders? *3P magazine, Health and Safety in AOS*, 1, 4-10.
- Mastrorilli A. (2014). Leadership is one of the fastest developing disciplines in multiple sectors. Today's organizations, in fact, ascribe to the figure of the "Best Chief" an ideal combination of Manager and Leader. How can this delicate balance be most effectively applied in the context of the military organization? *CeMISS Research 2013 AG-S-02*
- Mastrorilli A. The evaluative act: cognitive errors and evaluator subjectivity, in Borgogni L., (ed.) (2018). *Evaluation and talent management. The methodological contribution of psychology*. Franco Angeli, Milan.

#### SCIENTIFIC CONFERENCES

- 47th International Applied Military Psychology Symposium, Vienna - May 2011. Report: PDF Paperless testing
- 3rd Military Psychology Experts Meeting, Rome - June 2003. Report: "officers personality assessment for the italian air force - self-report compared with projective technique"
- European Conference Of Occupational Psychology (EAWOP), Stockholm - May 2007. Paper, "Correlates of Collective Efficacy in Italian Air Force."
- "The Selection, Psychological Models and Tools for Choosing People," Rome - February 2006. Report: "Testing in Selection."
- International Conference "Psychologists and the Armed Forces in the New Millennium"- Perugia, October 2003. Paper, "Motivation, job satisfaction and success in military organizations."

Pursuant to Legislative Decree No. 196/2003 (code regarding the protection of personal data), I declare that I am aware that the data I have provided have the nature of sensitive data and I consent to the processing of my data for institutional purposes and in accordance with the principle of relevance.